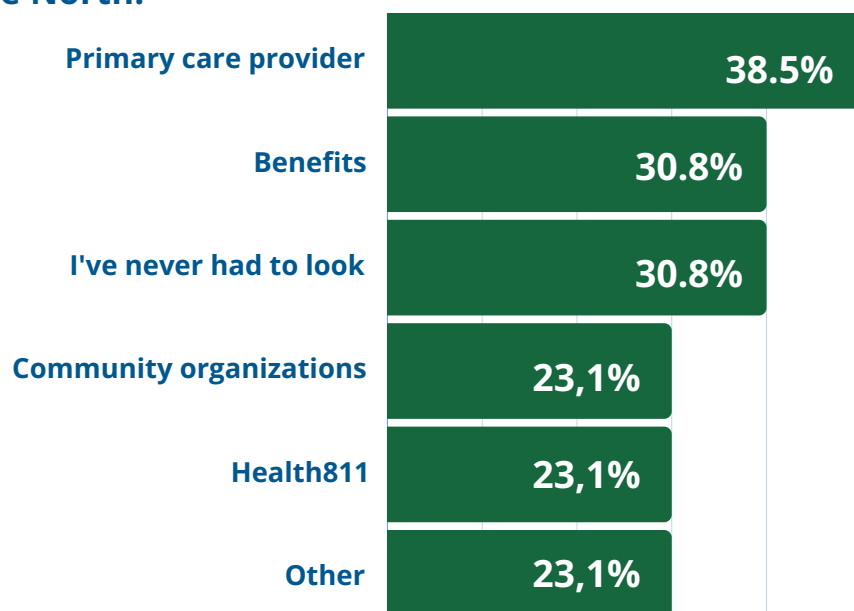


The Question of the Month of May - Results

What sources do you use to obtain information about mental health services in French?

The question of the month for May deals with mental health services in French. We want to know what sources of information Francophones in the North use to obtain mental health services in French. Mental health services are a crucial part of the health care system. As with physical health services, it can be more difficult to find and access services in French. That's why we want to know which sources are most widely used in the North.



38.5% of respondents say they get their information from their primary care provider. 30.8% turn to their benefits provider, and another 30.8% have never had to look for mental health information. Community organizations are also a source of information for 23.1% of respondents. A further 23.1% use Health811 for their mental health information. 23.1% also have other sources of information.

If you'd like more information about mental health and addiction, [Health811](#) is a good resource. In a crisis, call 9-8-8 or 9-1-1.



LE RÉSEAU DU MIEUX-ÊTRE
FRANCOPHONE
DU NORD DE L'ONTARIO

